

Refinement Of Female-To-Male Chest Contouring Surgery

Dr. Shan-Yun Chen 陳善運

Taiwan is the first country in Asia to legalize same-sex marriage. The same-sex marriage law came into effect on May 24, 2019. Since then, it has become more common for Transgender(TG) or Tomboys(T) to seek breast flattening or masculinization surgery. Because Tomboys often use chest corsets for a long time to compress the chest and reduce protrusion, resulting in various breast looseness, sagging and deformity. Unlike gynecomastia surgery, breast reduction surgery, and mastectomy for breast cancer, Tomboy's chest contouring surgery cannot be used in a single form to deal with all cases.

I have over 400 cases since 2003 . Chest masculinization surgery is performed in four main methods. The mastectomies are performed 1. through an infra-areolar incision. 2. through a crescent-shaped supra-areolar incision. 3. through concentric circular incisions over peri-areola. 4. through breast amputation manner with nipple-areola-complex skin grafts. How to select the best surgical method, surgical pitfalls, precautions and possible complications will be presented in the report.